

Personal Care

AAK

face care rituals

step

6

Overnight
restoring

Sleep Solution Night Mask

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Raw Material	INCI Name	w/w (%)
Phase A		
Water deionised	Aqua	Ad 100.00
Glycerin 99%	Glycerin	7.00
Zemea	Propanediol	3.00
Lexgard PE 9010	Phenoxyethanol, Ethylhexylglycerin	1.00
Alkoline SL™	Sodium Stearoyl Lactylate	0.75
RonaCare Nicotinamide	Niacinamide	1.00
Tego Cosmo C 100	Creatine	0.50
Phase B		
Hyaluronic Acid Na-salt 1,8 - 2,2 MDa	Sodium Hyaluronate	0.15
Pure-Gel B990	Sodium Hydroxypropyl Starch Phosphate	2.50
Aristoflex AVC	Ammonium Acryloyldimethyltaurate/VP Copolymer	0.30
Keltrol CG-SFT	Xanthan Gum	0.25
Phase C		
Alkoline PG7™	Polyglyceryl-3 Stearate	1.00
Pemulen TR 1	Acrylates/C10-30 Alkyl Acrylate Crosspolymer	0.20
Biophilic S	Lecithin, C12-16 Alcohols, Palmitic Acid	2.00
Lipex SheaLight™	Shea Butter Ethyl Esters	4.00
Lipex PreAct™	Canola Oil	2.00
Lipex Shea WM™	Shea Butter Oleyl Esters	1.00
Akoline MCM™	Caprylic/Capric Glycerides	0.50
Copherol F1300 C	Tocopherol	0.50
Phase D		
ProRenew Complex	Lactococcus Ferment Lysate	3.00
Herbex Korean Ginseng	Propanediol, Aqua, Panax Ginseng Root Extract	2.00
Phase E		
Alcohol Denat.	Alcohol Denat.	3.00
Phase F		
Parf. Smooth Cream AF SOL 9715/10	Parfum	0.60

Procedure

- 1 Blend phase A and begin heating to 80°C
- 2 Add phase B ingredients one at a time to hot phase A and stir vigorously until a gel is formed
- 3 Heat phase C to 80°C and mix until melted and homogenous
- 4 Add phase C to merged phase (A+B) while mixing
- 5 Homogenize
- 6 Cool to 30°C while stirring
- 7 Add phase D ingredients one at a time
- 8 Slowly add phase E while stirring
- 9 Add phase F and stir well